



Some Food Bank Facts:

- The Food Bank of Waterloo Region is a charitable organization. “Through community partnerships, we obtain and distribute emergency food from our neighbours for our neighbours.”
- With the assistance of 71 member agencies and food programs in Kitchener, Waterloo, Cambridge and the surrounding Townships of Wilmot, Woolwich, Wellesley and North Dumfries, and the help of over 1500 volunteers, we are able to assist approximately 25,000 different individuals in Waterloo Region each year.
- Emergency food recipients: 45% children under the age of 18; 25% working; 14% disabled; 3% seniors.
- Last year approximately 3,000,000 lbs of emergency food was distributed through food hamper programs (59,416 hampers), meal programs (380,841 meals), and housing shelters.
- Over 63,000 people in Waterloo region are living below the poverty line.
- For every \$1 that is raised, we are able to distribute over \$8 worth of emergency food.
- There is a growing need for emergency food for people on fixed incomes, the elderly and people working in low paying positions.



**For more information visit our website at www.thefoodbank.ca
or call [519] 743-5576.**

The Food Bank of Waterloo Region is an active participant in the Ontario Association of Food Banks and Food Banks Canada. Our charitable registration number is 11923 3310 RR001.